



Dr. Galina Mahlis, ND

New Patient Checklist

Please complete the secure online New Patient Intake Form, as well as the 3 other printable forms on the website prior to your first appointment.

- Allow 60 to 90 minutes for your first visit.
- Please be courteous and let the doctor know if you are running late.
You may email the doctor at info@livewellwithgem.com.
- All payments are due at the time of service.
- We accept Visa, MasterCard, Discover, and PayPal.

Please have the following items available in time for your first visit:

- Recent blood work, lab tests, imaging, and/or medical records.
- A list of all medications and/or supplements you are currently taking (including dose, frequency, and duration).